#### Total Responses: 86

| Check one that describes you:                     | Yes | No | N/R |
|---|-----|----|-----|
| Pregnant  | 21  | 48 | 17  |
| A parent/caretaker of a baby under 6 months       | 33  | 42 | 11  |
| A parent/caretaker of a baby 6 months to 1 year   | 24  | 46 | 16  |
| Breastfeeding (at least 1 time in 24 hours)       | 13  | 56 | 17  |
| A parent/caretaker of a child over 1 year old     | 47  | 26 | 13  |
| The dad, grandparent, caretaker of a child on WIC | 12  | 53 | 21  |
| The mom of a child on WIC                         | 57  | 14 | 15  |
| I am 18 years or younger                          | 19  | 52 | 15  |

| 2. Check one topic you want for WIC classes or videos: | No Thanks | Maybe | Yes, Please | N/R |
|--|-----------|-------|-------------|-----|
| Reading food labels                                    | 19        | 31    | 34          | 2   |
| Getting children to eat healthy foods                  | 6         | 12    | 68          | 0   |
| Quick healthy meals                                    | 5         | 11    | 68          | 2   |
| Eating a healthy diet after pregnancy                  | 10        | 13    | 62          | 1   |
| Saving money at the grocery store                      | 6         | 15    | 62          | 3   |

| 3. How do you like your WIC classes to be presented? | Do Not Like | Like a Little | Like a Lot | N/R |
|--|-------------|---------------|------------|-----|
| Video with discussion                                | 4           | 33            | 48         | 1   |
| Discussion only                                      | 16          | 41            | 23         | 6   |
| Food demonstration/taste test                        | 14          | 27            | 39         | 6   |
| On the internet                                      | 41          | 19            | 19         | 7   |
| Reading on my own                                    | 10          | 38            | 34         | 4   |
| Learning activities                                  | 3           | 27            | 54         | 2   |

| 4. What is the highest level of school you completed? | Total |
|---|-------|
| 6th grade or less                                     | 3     |
| 7th to 9th grade                                      | 12    |
| 10th to 12th grade                                    | 34    |
| High School graduate                                  | 28    |
| Some College / Current Student                        | 6     |
| College Graduate                                      | 3     |
| No response   | 0     |

| 5. Which of these do you have at home?                        | Yes | No | N/R |
|---|-----|----|-----|
| Computer with internet access                                 | 26  | 55 | 5   |
| A video game console (X-box, Playstation, Game Cube, Nintendo | 33  | 50 | 3   |
| Cable TV  | 64  | 21 | 1   |

| 6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape? | Total |
|---|-------|
| 1 time a week   | 1     |
| 2 times a week  | 13    |
| 3 times a week  | 14    |
| 4 or more times a week  | 34    |
| No response   | 24    |

| 7. Do you want information on the topics below? | No thanks | Maybe | Yes, Please | N/R |
|---|-----------|-------|-------------|-----|
| Stress management                               | 15        | 22    | 47          | 2   |
| Exercise during of after pregnancy              | 19        | 14    | 51          | 2   |
| Stretching                                      | 19        | 20    | 42          | 5   |
| Exercising more myself                          | 7         | 24    | 54          | 1   |
| Getting my children to exercise more            | 16        | 16    | 52          | 2   |
| Back health                                     | 7         | 24    | 53          | 2   |

#### Total Responses: 60

| Check one that describes you:                     | Yes | No | N/R |
|---|-----|----|-----|
| Pregnant  | 12  | 44 | 4   |
| A parent/caretaker of a baby under 6 months       | 29  | 30 | 1   |
| A parent/caretaker of a baby 6 months to 1 year   | 20  | 35 | 5   |
| Breastfeeding (at least 1 time in 24 hours)       | 12  | 44 | 4   |
| A parent/caretaker of a child over 1 year old     | 37  | 20 | 3   |
| The dad, grandparent, caretaker of a child on WIC | 8   | 46 | 6   |
| The mom of a child on WIC                         | 48  | 11 | 1   |
| I am 18 years or younger                          | 18  | 41 | 1   |

| 2. Check one topic you want for WIC classes or videos: | No Thanks | Maybe | Yes, Please | N/R |
|--|-----------|-------|-------------|-----|
| Reading food labels                                    | 19        | 12    | 28          | 1   |
| Getting children to eat healthy foods                  | 2         | 16    | 42          | 0   |
| Quick healthy meals                                    | 1         | 18    | 41          | 0   |
| Eating a healthy diet after pregnancy                  | 14        | 10    | 36          | 0   |
| Saving money at the grocery store                      | 4         | 6     | 50          | 0   |

| 3. How do you like your WIC classes to be presented? | Do Not Like | Like a Little | Like a Lot | N/R |
|--|-------------|---------------|------------|-----|
| Video with discussion                                | 8           | 18            | 33         | 1   |
| Discussion only                                      | 21          | 22            | 17         | 0   |
| Food demonstration/taste test                        | 13          | 25            | 21         | 1   |
| On the internet                                      | 33          | 16            | 9          | 2   |
| Reading on my own                                    | 28          | 10            | 22         | 0   |
| Learning activities                                  | 15          | 17            | 28         | 0   |

| 4. What is the highest level of school you completed? | Total |
|---|-------|
| 6th grade or less                                     | 8     |
| 7th to 9th grade                                      | 9     |
| 10th to 12th grade                                    | 11    |
| High School graduate                                  | 20    |
| Some College / Current Student                        | 8     |
| College Graduate                                      | 4     |
| No response   | 0     |

| 5. Which of these do you have at home?                        | Yes | No | N/R |
|---|-----|----|-----|
| Computer with internet access                                 | 15  | 43 | 2   |
| A video game console (X-box, Playstation, Game Cube, Nintendo | 15  | 42 | 3   |
| Cable TV  | 42  | 18 | 0   |

| 6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape? | Total |
|---|-------|
| 1 time a week   | 6     |
| 2 times a week  | 11    |
| 3 times a week  | 9     |
| 4 or more times a week  | 13    |
| No response   | 21    |

| 7. Do you want information on the topics below? | No thanks | Maybe | Yes, Please | N/R |
|---|-----------|-------|-------------|-----|
| Stress management                               | 13        | 15    | 32          | 0   |
| Exercise during of after pregnancy              | 23        | 4     | 33          | 0   |
| Stretching                                      | 18        | 11    | 29          | 2   |
| Exercising more myself                          | 16        | 10    | 33          | 1   |
| Getting my children to exercise more            | 16        | 11    | 33          | 0   |
| Back health                                     | 20        | 11    | 29          | 0   |

#### **ENGLISH**

child allergies, ways to deal with gas, stomach problems in children

#### **SPANISH**

ejercicios para bajar el estomago

#### Total Responses: 201

| Check one that describes you:                     | Yes | No  | N/R |
|---|-----|-----|-----|
| Pregnant  | 38  | 142 | 21  |
| A parent/caretaker of a baby under 6 months       | 65  | 115 | 21  |
| A parent/caretaker of a baby 6 months to 1 year   | 71  | 115 | 15  |
| Breastfeeding (at least 1 time in 24 hours)       | 22  | 153 | 26  |
| A parent/caretaker of a child over 1 year old     | 113 | 70  | 18  |
| The dad, grandparent, caretaker of a child on WIC | 25  | 146 | 30  |
| The mom of a child on WIC                         | 160 | 27  | 14  |
| I am 18 years or younger                          | 36  | 140 | 25  |

| 2. Check one topic you want for WIC classes or videos: | No Thanks | Maybe | Yes, Please | N/R |
|--|-----------|-------|-------------|-----|
| Reading food labels                                    | 86        | 57    | 46          | 12  |
| Getting children to eat healthy foods                  | 25        | 29    | 140         | 7   |
| Quick healthy meals                                    | 14        | 25    | 156         | 6   |
| Eating a healthy diet after pregnancy                  | 58        | 35    | 102         | 6   |
| Saving money at the grocery store                      | 28        | 37    | 128         | 8   |

| 3. How do you like your WIC classes to be presented? | Do Not Like | Like a Little | Like a Lot | N/R |
|--|-------------|---------------|------------|-----|
| Video with discussion                                | 16          | 69            | 113        | 3   |
| Discussion only                                      | 61          | 90            | 40         | 10  |
| Food demonstration/taste test                        | 27          | 50            | 116        | 8   |
| On the internet                                      | 95          | 45            | 47         | 14  |
| Reading on my own                                    | 61          | 65            | 60         | 15  |
| Learning activities                                  | 19          | 62            | 112        | 8   |

| 4. What is the highest level of school you completed? | Total |
|---|-------|
| 6th grade or less                                     | 11    |
| 7th to 9th grade                                      | 16    |
| 10th to 12th grade                                    | 54    |
| High School graduate                                  | 53    |
| Some College / Current Student                        | 50    |
| College Graduate                                      | 14    |
| No response   | 3     |

| 5. Which of these do you have at home?                        | Yes | No  | N/R |
|---|-----|-----|-----|
| Computer with internet access                                 | 78  | 112 | 11  |
| A video game console (X-box, Playstation, Game Cube, Nintendo | 77  | 116 | 8   |
| Cable TV  | 100 | 93  | 8   |

| 6. How many times a week does your 1 to 5 year old child play outdoors or at a playscape? | Total |
|---|-------|
| 1 time a week   | 14    |
| 2 times a week  | 16    |
| 3 times a week  | 32    |
| 4 or more times a week  | 74    |
| No response   | 65    |

| 7. Do you want information on the topics below? | No thanks | Maybe | Yes, Please | N/R |
|---|-----------|-------|-------------|-----|
| Stress management                               | 58        | 41    | 90          | 12  |
| Exercise during of after pregnancy              | 70        | 27    | 93          | 11  |
| Stretching                                      | 65        | 39    | 79          | 18  |
| Exercising more myself                          | 44        | 43    | 106         | 8   |
| Getting my children to exercise more            | 58        | 41    | 89          | 13  |
| Back health                                     | 50        | 42    | 97          | 12  |

6/18/2007

#### **ENGLISH**

keeping children active and eating healthy CPR Class

Continue with this program thank you